



The Little Bay COAST CENTRE FOR SENIORS Inc

news sheet

February 2016

LUNCH WITH FRIENDS

@ The Coast Centre

Book a table to enjoy a 2 course Italian lunch and Italian Trivia Quiz

Trivia sponsored by The Travel Counsellors, Fiona and Julia



Gate - Restaurant - Reception

Monday - February 15

12:00

in Centre's North Hall

2 Curie Ave, Little Bay

Entrée -

Arancini Balls
Salad

Mains -

PENNE ALLA NORMA (vegetarian)
Baked Penne with tomato sauce,
ricotta mozzarella and eggplant

MENU

PENNE BOSCAIOLA
Bacon, mushrooms & cream

Glass of wine



Price: Members \$20 - Non Members \$30

'An Afternoon with Henry and His Mates' Guest Speaker Jim Haynes



Jim is an author, performer and historian and host of Radio 2UE's **Australiana**

He loves the work of **Henry Lawson** and many others.

Entry
\$5 Coast Centre
Members
\$15
non members

Thursday 25 February, 2:00pm
in The Cottage

Entry includes a Luscious
Australiana Afternoon Tea

Solo Art Show in our Gallery Works by Christine Vasilis

Christine has only been painting for 8 years. She took up painting when her surgeon recommended she take up something she had always wanted to do. She came across the Coast Centre's art classes by chance when the wind blew a brochure into her garden.



She called the art teacher at the time, Margaret Vazey and never looked back. Christine says learning how to paint was the 'best thing that ever happened to me'. Now she can't rest without painting. She paints every day and feels 'strange' if she misses a day. Her favourite subjects are flowers and landscapes. She usually has 4 to 5 paintings in progress at any one time. She follows her inspiration from one work to another until each piece is complete. She loves to paint for friends and help charities with fund raising, donating her works for prizes and gifts.

Christine will give a talk about her work on
Wednesday February 17 over a bite to eat: 12 - 2pm.

All works are for sale.

Open on Friday February 5
until Friday March 4

March 11 - Day trip to Canberra

Tom Roberts Exhibition

@

The National Gallery



\$85 includes Gallery Entry



Corner Pine Avenue and Ewing Avenue, Little Bay

Tel: (02)9311 4886 - Fax: (02) 9311 7449 - www.coastcentre.org.au

Hours: 9am - 3pm - Monday to Friday